

161mm x 37mm

Each tablet contains:

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|-------------------------------|----------|------------|-------|-------------|--------|
| Vitamin A | 5,000 IU | Zinc | 15mg | Folic Acid | 400mcg |
| Vitamin D | 400 IU | Vitamin B5 | 10mg | Biotin | 300mcg |
| Magnesium | 350mg | Iron | 10mg | Iodine | 150mcg |
| Calcium | 200mg | Vitamin B6 | 2mg | Chromium | 125mcg |
| Vitamin C | 90mg | Manganese | 2mg | Vitamin K | 80mcg |
| Saw Palmetto Extract (4:1) | 80mg | Boron | 2mg | Molybdenum | 75mcg |
| Nicotinamide | 18mg | Copper | 1.8mg | Selenium | 55mcg |
| Vitamin E | 15mg | Riboflavin | 1.5mg | Vanadium | 10mcg |
| | | Vitamin B1 | 1.2mg | Vitamin B12 | 6mcg |

Ingredients: Magnesium Oxide, Calcium Carbonate, Ascorbic Acid Coated, Saw Palmetto Extract (4:1), Povidone, Croscarmellose Sodium, Betacarotene, dl-Alpha Tocopherol Acetate Powder, Ferrous Fumarate, Hypromellose, Nicotinamide, Zinc Oxide, Magnesium Stearate, Sodium Borate, Calcium Pantothenate, Titanium Dioxide, Microcrystalline Cellulose, Cupric Sulphate, Manganese Sulphate, Talc, Pyridoxine Hydrochloride, Shellac, Glycerol, Thiamine Mononitrate, Riboflavin, Folic Acid (Pteroylmonoglutamic Acid), Yellow Oxide of Iron, Chromium Chloride, Biotin, Potassium Iodide, Sodium Molybdate Dihydrate, Phytomenadione, Sodium Selenate, Sodium Metavanadate, Cholecalciferol, Cyanocobalamin.

Suggested Daily Intake: Take one tablet daily with water.
Please consult your physician, if you are taking any medication.
Do not purchase if seal is broken.
Store in a cool place, protected from light & moisture.
Do not exceed the recommended intake.
Keep out of the reach and sight of children.

GBR031

DIETARY SUPPLEMENT
Not for Medicinal Use.

30 Tablets



Centural
Comprehensive
MEN

A FORMULATION CONTAINING
MULTIVITAMINS, MINERALS & TRACE
ELEMENTS WITH SAW PALMETTO



**CONTAINS PERMITTED
COLOURS**

PFA. Lic. No: 318

Batch No:

Mfg. Date:

Best before:

MRP Rs. :
per 30 tablets
(inclusive of all taxes)



Marketed By:
Goldshield Healthcare Pvt. Ltd.
Akkruti Trade Centre, Road No.7, MIDC,
Andheri (East), Mumbai 400093, India.

Manufactured by:
BioPlus Life Sciences Pvt. Ltd.
S. No. 10-1A, Hoodi Village,
Krishnarajapuram Hobli,
Bangalore 560 048, India.